

## Coastal Bend Community: Breastfeeding Resources

### *Navy Marine Corps Relief Society Visiting Nurse Program:*

361.939.9104 and 361.961.3482

Three Consultants are waiting for you call:

Lynda Wood, BA, SWA, RN, \*IBCLC, RLC

Cheryl Mills, RN, \*IBCLC, RLC

Teresa Goodwin, RN

Services are available to all branches of the military. Active duty, retired and their dependants are eligible for free services. Services include: community referrals; education for any medical condition; specializing in breastfeeding education; home visits and phone consultation (before and after your baby comes) for as long as you need support. Home visits are done at your convenience and as often as you need them. Hospital-grade breast pumps are available for loan on an assessment /need basis.

Laurie Beck, RN, MSN, \*IBCLC, RLC - 361.994.8944

Laurie provides education and support to breastfeeding families. She does telephone consults and home visits.

Coastal Bend Birth Connection, Inc. – Darla Cassel, Certified Breastfeeding Educator 361.792.7744

Darla is a doula and breastfeeding educator. She also rents and sells pumps, breastfeeding supplies.

Driscoll Children’s Hospital/Mom’s Place: 361.694.5338

They provide a Lactation Consultant, education, and support to breastfeeding families in hopes of establishing and maintaining a successful breastfeeding relationship.

Medela Breastfeeding National Hotline: 1.800.TELL.YOU (1.800.835.5968)

Medela provides a national directory of lactation consultants and pump rental stations.

Texas Breastfeeding Hotline: 1.800.514.6667

This is a toll-free hotline to provide lactation consulting.

### WIC (Women, Infant and Children) Program

State Office 1.800.WICFORU or 1.800.942.3678

Beeville 361.358.8800

Corpus Christi DCH 361.694.6777

Flour Bluff, Corpus 361.939.7943

Horne Road, Corpus 361.851.7200

Ingleside 361.776.3819

Mathis 361.547.6323

Portland 361.643.8205

Robstown 361.767.7777

Rockport 361.729.2245

Sinton 361.364.6204

Victoria 361.578.2884